**Sandra Westford  
Artist Statement**

It is said we live in a post-truth world. Each person's perspective seems to depend on their information sources and personal biases. Media can be seductive, encouraging a kind of tribal affiliation, though very often messages are simplistic and incomplete. It may be human nature to strive for complete understanding given imperfect information, regardless of what is actually true.

For an exceptionally long time I have been intensely interested in what is beyond, or perhaps deeper and more fundamental. That which is more a natural manifestation as opposed to the mental constructs that we cling to and project onto reality. I have found that these dynamic, singing, intensive forms can be touched, felt, attended to and understood intimately. I have also found them to be profoundly beautiful.

My work, both in process and content, is a kind of nuanced meditation on these resonant, organic patterns.